

Holistic ADL Assessment Evidence Guide

Candidate Name:			
Assessor Name:	Jennifer Irvine		
Date assessed:			
Conditions: (On the job)	Professional practice environment - aged care <input type="checkbox"/>	mental health <input type="checkbox"/>	
	Rehabilitation <input type="checkbox"/>	Acute <input type="checkbox"/>	
Brief description of task:	ASSIST WITH PERSONAL HYGINE - including moving/transferring a pt (body mechanics/ lifting machine) to commode or assisting with ambulation, toileting, dressing/undressing. Ear care, eye care, hair care, mouth/denture care, skin care, physical assessment, documentation: NCP review, progress note, charts or health assessment forms, carrying out procedures the reflect an understanding of infection control, OH&S, manual handling practice and professional nursing practices,		
Did the candidate perform the following skills:	Yes	No	Comments
Prepared self – researched nursing care plan, individual health conditions and identified impact of expected activities of the procedure on health status and suggests strategies to manage real and potential risks. E.g. cognitive function – pt. ability to understand instructions, physical limitations like OA – ability to mobilise safely and perform aspects ADL’s, IVT – risk of trauma/dislodgement etc.	<input type="checkbox"/>	<input type="checkbox"/>	
Prepared the individual –negotiate plan of action, gain consent, consult about preferences and readiness to proceed e.g. assess pain and query need for analgesia prior to procedure.	<input type="checkbox"/>	<input type="checkbox"/>	
Prepare equipment and environment for procedure; establish a warm private environment with clear path of access.	<input type="checkbox"/>	<input type="checkbox"/>	
Transfer/transport resident in a confident organised manner using principles of manual handling and necessary equipment.	<input type="checkbox"/>	<input type="checkbox"/>	
Assists with personal hygiene, explaining/communicating with resident throughout - including showering/drying, checking ears & eyes, mouth care, shaving using a safe, organised approach, maintaining dignity & privacy and promoting independence whenever possible. Offers resident to use the toilet prior to procedure	<input type="checkbox"/>	<input type="checkbox"/>	
Maintains principles of OH&S – body mechanics, infection control – throughout period of assessment including hand washing, use of gloves, proper disposal of waste/contaminated linen, bed making, breaks applied to bed/commode/lifter, no bending/stooping or over reaching.	<input type="checkbox"/>	<input type="checkbox"/>	
Leaving the resident comfortable and set up appropriately for e.g. day – including having relevant items left in reach, the procedure – theatre ready, sleep – supported comfortable position etc.	<input type="checkbox"/>	<input type="checkbox"/>	

Observes for alterations in residents: skin integrity - rashes, breaks, identifies potential pressure ulcer risk, the individual's ability to assist, mental and cognitive status, etc – reports and records assessments and proposed interventions.	<input type="checkbox"/>	<input type="checkbox"/>	
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Post procedure interview/ Q & A			
Questions	Satisfactory response		
	Yes	No	
Q1 self reflection - how do you think you did? What did you do well? What could you do better next time? What did you learn?			
Q2 What alterations in functional &/or health status did you observe? Did your observation/assessment of the pt reflect information in the NCP? What would you suggest you need to do about the identified changes?			
Q3 Documentation - Write progress notes detailing the care you delivered, how the pt. Responded/coped with procedure, any changes you noted and what you did about any identified issues. Chart information e.g. bowel , continence, Hygiene, behaviour, mobility assessment, skin assessment etc.			
Q4 explain the rationale for at least 3 nursing actions you chose. E.g. limited mobility due to OA :. t/f with lifter. Placed plastic over IVT site/ POP/wound to protect from moisture			

The candidate's performance was:	Competent <input type="checkbox"/>	Not Yet Competent <input type="checkbox"/>
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Student comments/feedback:

Assessor comments/feedback:

Candidate signature: _____ **Date:** _____

Assessor signature: _____ **Date:** _____

ASSESSOR USE ONLY:

Acceptable answers are:

Q1 recognise strengths & weakness' in performance using nursing standards, P&P and nursing theory as taught.

Q2 using NCP, handover and pt history student should compare documented information and identify changes.

Q3 Documentation is consistent with legal and ethical report writing frameworks and following facility policy.

Q4 be able to link pt condition/signs/symptoms with nursing interventions.